

# M4BISTRO

## STARTERS & SHARING

<b>SOUP OF THE DAY</b>	<b>\$10</b>
<b>GARLIC BREAD (V)</b> ADD CHEESE \$2 ADD CHEESE & BACON \$4	<b>\$10</b>
<b>ARANCINI (V)</b> HOUSE MADE PUMPKIN & FETA ARANCINI, SERVED W' NAPOLI & AIOLI	<b>\$18</b>
<b>CALAMARI (LG)</b> LEMON PEPPER SPICE, SALAD, TARTARE	<b>\$22</b>
<b>NACHOS (V)</b> TOASTED CORN CHIPS, SALSA, JALAPEÑOS, BLACK BEANS, CHEESE, SOUR CREAM, GUACAMOLE, HOT SAUCE ADD PULLED PORK OR CHILLI CON CARNE \$6	<b>\$24</b>
<b>BEER BATTERED FRIES - AIOLI, KETCHUP</b>	<b>\$11</b>
<b>WEDGES - SWEET CHILLI, SOUR CREAM</b>	<b>\$13</b>

## LIGHT MEALS

<b>SMOKED CHICKEN SALAD</b> HOUSE SMOKED CHICKEN BREAST, MIXED LETTUCE, AVOCADO, CAPSICUM, SPROUTS, TOMATO, HOUSE MADE CROUTONS & SWEET CHILLI, SESAME DRESSING	<b>\$28</b>
<b>THAI BEEF SALAD</b> EYE FILLET, BUCKWHEAT NOODLES, ASIAN HERBS & VEGETABLES, CHILLI, PEANUTS, SESAME SEEDS & THAI DRESSING	<b>\$30</b>
<b>PERSIAN FRITTERS (LG)</b> CHICKPEA & VEGETABLE FRITTERS, ROCKET, HUMMUS, CRUSHED WALNUTS, AVOCADO, SPICED YOGHURT, POMEGRANATE MOLLASES,	<b>\$24</b>

## SEAFOOD

<b>CALAMARI (LGR)</b> LEMON PEPPER SPICE, CHIPS, SALAD, TARTARE	<b>\$32</b>
<b>FISH &amp; CHIPS (LGR)</b> CHOICE OF BATTERED OR GRILLED, SERVED W' CHIPS, SALAD, TARTARE	<b>\$30</b>
<b>PRAWN &amp; CRAB RISONI</b> ORZO TOSSED WITH KING PRAWNS & BLUE SWIMMER CRAB MEAT W' SPRING ONION AND WHITE WINE SAUCE TOPPED WITH A TEMPURA SOFT SHELL CRAB	<b>\$35</b>
<b>SALMON</b> CRISPY SKIN SALMON ON A POTATO ROSTI, WITH LEMON CAPER VELOUTE & STEAMED ASPARAGUS	<b>\$34</b>

## CLASSICS

<b>WAGYU BURGER + \$5 DOUBLE</b> BACON, CHEESE, LETTUCE, TOMATO, CARAMELIZED ONION, PICKLE, BURGER SAUCE, CHIPS	<b>\$28</b>	<b>STEAK SANDWICH</b> BACON, CHEESE, LETTUCE, TOMATO, FRIED EGG, TOMATO RELISH, ONION RINGS, CHIPS	<b>\$32</b>
<b>RISOTTO (LG)</b> CHICKEN, BACON, SPINACH & PARMESAN	<b>\$29</b>	<b>LASAGNA</b> BRISKET BOLOGNESE, BECHEMEL, SERVED W' CHIPS & SALAD	<b>\$32</b>
<b>PAPPARDELLE CARBONARA</b> BACON, ONION & PARSLEY TOSSED IN A CREAMY SAUCE FINISHED W' EGG YOLK & PARMESAN CHEESE	<b>\$29</b>	<b>GNOCCHI SORRENTINA</b> HOUSE MADE GNOCCHI IN A TOMATO SAUCE W' CAPSICUM, RED & GREEN CHILLI, TOPPED W' MOZZARELLA AND BAKED	<b>\$33</b>
<b>NASI GORENG (LGR)</b> CHICKEN SATAY SKEWERS, BACON, SHRIMP, VEG, PRAWN CRACKERS, FRIED EGG	<b>\$31</b>	<b>OVEN ROASTED CHICKEN (LG)</b> SERVED ON MASHED POTATO, ASPARAGUS, TOPPED W' PRAWNS AVOCADO, HOLLANDAISE AND CRISPY PROSCIUTTO	<b>\$34</b>
<b>LAMB VINDALOO</b> SUPER HOT CURRY SERVED WITH BASMATI RICE, SPICED YOGHURT, NAAN BREAD AND TOMATO RED ONION SALAD	<b>\$36</b>	<b>CHICKEN SCALLOPINI</b> PAN FRIED GNOCCHI IN A CHICKEN, MUSHROOM, CAPER & WHITE WINE CREAM SAUCE	<b>\$35</b>
<b>PORK COTOLETTA</b> CRUMBED PORK CUTLET SERVED W' MASH POTATO, VEGETABLES & A LEMON BUTTER CAPER SAUCE	<b>\$32</b>	<b>LAMB SHANK</b> BUSHMAN'S LAMB SHANK IN A TOMATO & VEGETABLE SAUCE SERVED W' MASHED POTATO & PUFF PASTRY	<b>\$35</b>

## STEAKS

<b>300GM GRAIN FED PORTERHOUSE</b>	<b>\$42</b>
<b>400GM GRAIN FED SCOTCH FILLET</b>	<b>\$54</b>
<b>250GM GRAIN FED EYE FILLET</b>	<b>\$55</b>

STEAKS ARE CHAR GRILLED TO YOUR LIKING, SERVED W' A CHOICE OF CHIPS & SALAD - CHIPS & VEGETABLES - MASH POTATO & VEG SAUCE - PEPPER, MUSHROOM, RED WINE JUS, GARLIC BUTTER, GRAVY **ADD GARLIC PRAWNS \$10**

## PARMA'S

<b>TRADITIONAL PARMIGIANA / SCHNITZEL (VOA)</b> HAM, SUGO, CHEESE, CHIPS & SALAD	<b>\$29</b>	<b>HAWAIIAN PARMIGIANA</b> HAM, PINEAPPLE, SUGO, CHEESE, CHIPS & SALAD	<b>\$32</b>
<b>OUTBACK PARMIGIANA</b> EGG, BACON, CHEESE, PEPPER SAUCE, CHIPS & SALAD	<b>\$34</b>	<b>SHEPHERDS PARMAGIANA</b> BOLOGNAISE, PEAS, MASH POTATO, CHEESE, CHIPS & SALAD	<b>\$38</b>
<b>NACHO PARMIGIANA</b> SUGO, CORN CHIPS, JALAPEÑOS, HOT SAUCE, SOUR CREAM, GUACAMOLE, CHIPS & SALAD	<b>\$34</b>	<b>GERMAN PARMIGIANA **</b> SCHNITZEL, MASHED POTATO, BRATWURST SAUSAGE, MUSTARD CREAM SAUCE, SAUERKRAUT, CHEESE, CHIPS & SALAD	<b>\$39</b>

**TUESDAY PARMA NIGHT \$25**  
EXCLUDES GERMAN\*\*  
ALL PARMAS SERVED WITH CHIPS ONLY ON TUESDAY NIGHT

LG = LOW GLUTEN | LGR = LOW GLUTEN ON REQUEST | V = VEGETARIAN | VOA = VEGAN OPTION AVAILABLE  
SOME DISHES NOT MARKED CAN BE ALTERED TO ACCOMMODATE THE ABOVE

## SENIORS

UPON PRESENTATION OF A SENIORS CARD

**1 COURSE \$20 | 2 COURSE \$23 | 3 COURSE \$26**  
ENTREE & DESSERT ONLY AVAILABLE WITH PURCHASE OF A MAIN

**ENTREE - SOUP OF THE DAY OR GARLIC BREAD + CHEESE \$1**  
**SMOKED CHICKEN SALAD** LETTUCE, AVOCADO, CAPSICUM, SPROUTS, TOMATO, HOUSE MADE CROUTONS & SWEET CHILLI, SESAME DRESSING  
**RISOTTO** CHICKEN, BACON, SPINACH & PARMESAN  
**ROAST OF THE DAY (LG)** VEGETABLES, GRAVY  
**CORNED BEEF** CREAMY PICKLE SAUCE, MASH POTATO, SAUERKRAUT  
**LAMB FRY & BACON** MASH POTATO, VEGETABLES, GRAVY  
**CHICKEN PARMIGIANA/SCHNITZEL** HAM, SUGO, CHEESE SERVED W' CHIPS & SALAD  
**CALAMARI (LGR)** LEMON PEPPER SPICE, CHIPS, SALAD & TARTARE  
**FISH & CHIPS (LGR)** BATTERED OR GRILLED W' CHIPS, SALAD, TARTARE  
**LASAGNA** BRISKET BOLOGNESE & BECHEMEL SERVED W' SALAD  
**GARLIC PRAWNS +\$7 (LG)** JASMINE RICE  
**SEAFOOD BASKET +\$7** BATTERED FISH, CALAMARI RINGS, BATTERED SCALLOP, BATTERED PRAWNS, CHIPS & SALAD  
**200GM PORTERHOUSE +\$9** COOKED TO YOUR LIKING SERVED W' CHIPS, SALAD & CHOICE OF; PEPPER, MUSHROOM, RED WINE JUS, GARLIC BUTTER, GRAVY  
**DESSERT - APPLE CRUMBLE & CREAM - BERRY CHEESE CAKE & CREAM**  
**ADD ICE CREAM \$2**

## DESSERTS \$12

**PASSIONFRUIT CHEESECAKE** W' CREAM  
**STICKY DATE PUDDING** W' CREAM  
**FLOURLESS CHOCOLATE CAKE** W' CREAM  
**PAVLOVA (LG)** W' BERRIES & CREAM

## KIDS \$13 INC DRINK

12 & UNDER

<b>NUGGETS + CHIPS</b>	<b>CHEESE BURGER + CHIPS</b>	<b>FISH + CHIPS</b>
<b>CALAMARI + CHIPS</b>	<b>HOT DOG+TOMATO SAUCE + CHIPS</b>	<b>BOLOGNESE</b>
<b>MACARONI &amp; CHEESE</b>	<b>HAM &amp; PINEAPPLE PIZZA</b>	<b>ROAST &amp; VEG</b>

## FOOD ALLERGIES

ALL CARE IS TAKEN WHEN CATERING FOR SPECIAL REQUIREMENTS. IT MUST BE NOTED THAT WITHIN THE PREMISES WE HANDLE NUTS, SEAFOOD, SHELLFISH, SESAME SEEDS, WHEAT FLOUR, EGG, FUNGI & DAIRY PRODUCTS. CUSTOMERS REQUESTS WILL BE CATERED FOR TO THE BEST OF OUR ABILITY, BUT THE DECISION

TO CONSUME A MEAL IS THE RESPONSIBILITY OF THE DINER.  
**15% SURCHARGE ON FOOD APPLIES ON PUBLIC HOLIDAYS**